



International Middle School League

Season One 2022-23 – 9/20/22

Coaches' Meeting: Wed 08/24/22, 5:00, Chinook



Track and Field – 3:15
First Practice: Thurs, 9/1/22 No new participants after 2 nd week
Thursday, October 6 Glacier, Cascade, Pacific, <i>at Highline</i> Show, Chinook, Sylvester <i>at Neudorf</i>
Wednesday, October 12 Chinook, Sylvester, Glacier <i>at Highline</i> Showalter, Cascade, Pacific <i>at Neudorf</i>
Wednesday, October 19 Sylvester, Chinook, Pacific <i>at Highline</i> Showalter, Cascade, Glacier <i>at Neudorf</i>
Thursday, October 27 Middle School Championships <i>All Schools at Highline Memorial</i>
Departure Time - 2:30 Start Time – 3:15
Track and Field Location #1 Highline Memorial 400 South 156 th Street, Burien 98166
Track and Field Location #2 Neudorf Stadium 4242 South 144 th St, Tukwila 98188